



**middle
way
house, inc.**



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A N N U A L
I M P A C T
R E P O R T**

www.middlewayhouse.org

812.333.7404

communications@middlewayhouse.org

24/7 Help and Crisis Line: 812.336.8046

A Message from Our Executive Director: Debra A. Morrow



Dear Friends,

As I reflect on 2019, my thoughts immediately are filled with appreciation for our community of supporters. We began the year with a government shutdown which raised the concern of what the future held. We were concerned with the impact on our grants and the growing needs of those we served. We saw reports where programs such as ours were worried that they would need to close their doors to those in need. While the shutdown ended at the end of January those days are imprinted on my memory particularly because it was evident that the strong strategic planning of the board as well as the dedicated community that has always supported Middle Way House created a safety net for our organization. During the shutdown, we were concerned about the future but were optimistically hopefully due to the stability of our organization that we could continue to provide all of our necessary services if we experienced a delay in our grant funding. I can never thank our community of supporters enough for helping build and sustain Middle Way House and the programs that serve survivors of domestic violence, sexual assault, and human trafficking and the programs that work to educate

and prevent future violence. The impact of your continued support and the strategic planning by our board provided stability for our organization during this period of uncertainty.

Busy is the best way to describe the summer of 2019. Our shelter saw a drastic increase in numbers. We provided 9,791 days of shelter to survivors and their children. As always that amazing direct service staff worked diligently to meet the needs of those impacted by violence. Air mattresses for survivors were put in a communal space of shelter to accommodate survivors when beds were full and staff gave up an office to temporarily convert the space to a bedroom to shelter additional survivors. Middle Way House's increased outreach efforts may have contributed to the increased numbers in the shelter as more individuals realized that there is help for those impacted by domestic violence. There were over 400 prevention, outreach and education programs conducted by Middle Way House staff in 2019 for children and adults. We will continue our efforts to ensure that anyone experiencing domestic violence, sexual violence, and human trafficking understands that violence is not their fault and that there is help available.

Our transitional housing program the RISE! housed 33 families and a total of 83 children as they rebuilt their lives after being impacted by domestic violence. Our licensed childcare enabled these parents to attend school, return to work or meet other self-identified goals. Our Youth Program allowed children to participate in tutoring and enrichment activities such as cooking classes, writing groups, swimming and a Spring Break Camp that focused provided hands-on science activities. Providing opportunities for children to thrive and grow in a safe environment without violence is vital in ending generational abuse.

As we wrap up 2019 and look into 2020, we will continue dedicated service to our community and survivors. Our plans include examining our facilities and creating a strategic plan for their upkeep and maintenance to secure their longevity. We anticipate challenges when a city utility project impacts our resident parking at the Rise and impending repairs of the Rise as it is a heavily used 20-year-old building. I do know that any challenges Middle Way House ever faces are never faced alone because we have a village, a community of support with us as we work to help survivors create lives free of violence. I am proud and encouraged every day by your generosity of time, effort, financial support and kindness as we all build a community together that provides safety for survivors and inspires hope for a gentler future.

With gratitude and respect,

Debra

January - December 2019 Program Impact Results

Emergency Shelter Services

- We provided emergency shelter to **255 adults** and **101 children** at the New Wings Emergency Shelter, totaling nearly **10,822 nights of safe shelter**. That is almost double from three years ago.
- Of the **residents** who exited shelter throughout the year, 78 completed a voluntary exit interview. Of these participants, **92% reported exiting to safe housing** (not returning to their abusers) and **96% left with a safety plan in place**.
- **33 parents** and **83 children** created a home within **The RISE!**- our safe and affordable transitional housing program.

Crisis Intervention Services

- Advocates and trained volunteers **answered more than 3,700 calls to our help and crisis line**.
- **On-scene advocates provided support to 198 requests** for support from survivors of domestic and sexual violence.
- On-scene advocates also responded to **17 requests for support at the hospital**.

Prevention

- **2,259 youth** received access to our *Building Healthy Relationships* (BHR) and Elementary Prevention Program (EPP) curriculum designed to prevent future acts of domestic and sexual violence.

Childcare/Youth Programs

- Our Youth Empowerment Services (YES) Program provided nearly **4,800 hours of tutoring to youth**.
- **108 school-aged children** participated in our YES summer or after school programs.

Legal Advocacy

- Our team of three on-site legal advocates and their volunteers worked with **617 new clients** and continued working with **175 existing clients**, providing assistance to with legal matters such as protective orders, child custody matters, divorce petitions, court accompaniment and more.

Support Groups

- **Survivors** throughout the community **participated in one of our four support groups** that met once a week, for a total of 208 meetings (survivors of domestic violence, survivors of sexual violence, survivors of incest, as well as a support group offered within the Monroe County Jail).

Volunteers

- **188** new volunteers were trained in 2019.

Words of Impact:

- "You guys got me to where I need to go. New life ahead!"
- "Middle Way has seriously saved my life. They gave me resources while in a safe environment as well as after-care resources."
- "I found Middle Way to be sensitive to my needs and I received compassion from staff."
- "Thank you for all your time and support. I would like to return to volunteer and help in any way needed."
- "You gave me the strength and courage to do what I needed to do. Thank you all from the bottom of my heart!"
- "I came to Middle Way House feeling insecure and co-dependent, and left feeling free, independent and victorious! Thank you!"



Financials

2019 Annual Report

ASSETS:

➤ CURRENT ASSETS:

○ Cash and Cash Equivalents	\$1,036,411
○ Grants Receivable	\$291,097
○ Related Parties Receivable	\$29,633
○ Other Current Assets	\$944

• **TOTAL CURRENT ASSETS \$1,531,941**

➤ PROPERTY AND EQUIPMENT:

\$8,138,271

➤ OTHER ASSETS:

○ Investments in Subsidiaries	\$-0.48
○ Investments	\$23,813
○ Other Assets	\$24,911

▪ **TOTAL OTHER ASSETS \$48,724**

• **TOTAL ASSETS \$8,326,408**

LIABILITIES:

➤ CURRENT LIABILITIES:

○ Accounts Payable	\$33,744
○ Payroll Liabilities	\$13,105

▪ **TOTAL CURRENT LIABILITIES \$545,857**

➤ NON-CURRENT LIABILITIES:

○ MTG City of Bloomington	\$81,377
○ First Financial/MainSource Mortgage	\$0

▪ **TOTAL NON-CURRENT LIABILITIES \$49,424**

• **TOTAL LIABILITIES \$595,281**

EQUITY:

➤ Temporarily Restricted	\$422,299
➤ Unrestricted	\$4,664,350
➤ Board Designated	\$155,521
➤ Permanently Restricted	\$1,000
➤ Retained Earnings	\$133,568
➤ Net Income	\$-427,104

▪ **TOTAL NET EQUITY \$7,731,127**

• **TOTAL LIABILITIES AND EQUITY \$8,326,408**

2019 Board Members

Kathleen Sideli-President
Michele Ridge-Vice President
Sally Dunn-Secretary
Judith Maki-Treasurer
Christopher DeYoung
Jennifer Grimes
Cindy Houston
Stephanie Johnson
Kelly Kish
Audrey McCluskey
Peg Smith
Maxine Watson
Carl Ziegler

Who We Are

For nearly fifty years, Middle Way House has been providing services to people in crisis. Today, Middle Way House provides empowering services such as emergency shelter; a 24-hour help and crisis line; on-scene advocacy; support services; and transitional and permanent housing solutions to support survivors of domestic violence, sexual assault, and human trafficking. Middle Way House also touches the lives of community members through its education and prevention programs. The agency serves five counties throughout south-central Indiana.

For more information, please visit:
www.MiddleWayHouse.org

Contact Us

PO Box 95
Bloomington, IN 47402
Admin: 812.333.7404
www.MiddleWayHouse.org
24/7 Help & Crisis
Line:812.336.0846

