



**middle  
way  
house, inc.**



# **2018 ANNUAL REPORT**

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24/7 Help and Crisis Line: 812.336.8046

## A Message from Our Executive Director: Debra A. Morrow



Dear Friends,

2018 is perhaps best described as a year of forward thinking, organizational development, and persistent internal efforts for Middle Way House. For nearly fifty years our agency has continued to evolve and grow in order to meet the diverse needs of survivors who have experienced domestic violence, sexual assault, and human trafficking. We recognize the importance of having a strong plan in place in order to ensure our agency can continue to meet the needs of survivors in the communities we serve. As such, our board of directors spent much of the year working diligently to develop a 3-year strategic plan.

In September 2018, Kathleen Sideli officially transitioned from vice president of the board of directors to the role of president and Michele Ridge stepped into the role of vice president. We look forward to working with Kathleen, who brings a strong commitment and eagerness to her new role. All of us are incredibly grateful to outgoing president Michael DeNunzio's unwavering years of dedication, immeasurable contributions, and instrumental leadership during periods of transition.

Last year Middle Way House provided 7,794 days of emergency shelter to individuals experiencing violence. 101 of these nights included male survivors. I am proud of our community outreach efforts as we continue to work to dismantle the stigma that often prevents male survivors from reaching out for help when experiencing domestic violence, sexual abuse, and human trafficking. We will continue to work to ensure our services are inclusive and available to all survivors within our community and to break down barriers to accessing and receiving services.

Throughout the year we remained strong in our belief that while we must be available to meet the emergency needs of individuals in crisis, our efforts to end future violence will ultimately result from prevention programs focused on the next generation. While continuing to deliver our Building Healthy Relationships and Elementary Prevention programs in schools, we also serve many children within the walls of our agency. Our nationally accredited childcare program provided 58 children living in our shelter and transitional housing programs with nearly 9,000 hours of childcare. Our Youth Empowerment Services (YES) program provided tutoring as well as after school and summer programming to 43 school-aged children. Our dedication to providing quality childcare and educational experiences in a safe environment, while teaching prevention and non-violent problem solving skills will remain a strong focus throughout 2019.

I have so much appreciation to our community of friends and supporters who continue to help sustain our work in countless ways. I am proud to belong to a community that believes and supports survivors. Your generosity of time, effort, financial support, and kindness encourage all of the staff of Middle Way House as they work to make our community a safer and kinder place for survivors. **You are our inspiration!**

With much gratitude and respect,

A handwritten signature in black ink that reads "Debra". The signature is written in a cursive, slightly slanted style. It is placed on a small, light-colored rectangular piece of paper that is slightly tilted.

# January - December 2018 Program Highlights: Impact & Outcomes

## Emergency Shelter Services

- We provided emergency shelter to **269 adults** and **182 children** at the New Wings Emergency Shelter, totaling nearly **7,800 nights of safe shelter**.
- Of the **231 residents** who exited shelter throughout the year, **40%** completed a voluntary exit interview.
- Of these participants, **75%** reported exiting to safe housing (not returning to their abusers) and **96%** left with a safety plan in place.

## Transitional Housing

- **42 parents** and **101 children** created a home within The RISE!- our safe and affordable transitional housing program.

## Crisis Intervention Services

- Advocates and trained volunteers answered more than **3,000 calls** to our help and crisis line.
- **On-scene advocates provided support to 437 requests** for support from survivors of domestic and sexual violence.
- On-scene advocates also responded to **34 requests for support at the hospital**.

## Prevention

- **2,171 youth** received access to our *Building Healthy Relationships* (BHR) and Elementary Prevention Program (EPP) curriculum designed to prevent future acts of domestic and sexual violence.

## Childcare/Youth Programs

- Our nationally accredited Rise and Shine Childcare Program provided nearly **9,000 hours of quality childcare and educational experiences to 58 children** in an emotionally supportive environment.
- Our Youth Empowerment Services (YES) Program provided nearly **10,000 hours of tutoring to 41 youth**.
- **43 school-aged children** participated in our YES summer or after school programs.

## Legal Advocacy

- Our team of three on-site legal advocates and their volunteers worked with **551 new clients** and continued working with **147 existing clients**, providing assistance to with legal matters such as protective orders, child custody matters, divorce petitions, court accompaniment and more.
- **78 percent** of the individuals who accessed legal advocacy services were members of the wider community and not residents in our emergency shelter or transitional housing programs.

## Support Groups

- **136 survivors** throughout the community participated in one of our four support groups (survivors of domestic violence, survivors of sexual violence, survivors of incest, as well as a support group offered within the Monroe County Jail).

## Volunteers

- Dedicated and compassionate volunteers contributed more than **10,000 hours of service**.

## Words of Impact:

- "If it wasn't for the shelter and wonderful staff, I would not have survived!"
- "I came here insecure and codependent and am leaving feeling free, independent, and victorious!"
- "You helped me in ways I never thought possible! I'm so thankful for this experience."
- "Thank you for making me [and my son] feel loved and special!"
- "This was one of the most important resources I have ever come across. Thank you so much for your help."
- "Thank you for believing me, believing in me, and for your support!"



## Financials

### Assets

#### Current Assets

Cash and cash equivalents	\$889,391
Grants receivable	\$502,335
Related parties receivable	\$9,112
Other current assets	\$14,789

<b>Total Current Assets</b>	<b>\$1,415,627</b>
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#### Property and Equipment

<b>\$4,798,043</b>
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#### Other Assets

Investments in subsidiaries	\$702,279
Investments	\$18,575
Other assets	\$323,570

<b>Total Other Assets</b>	<b>\$1,044,423</b>
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<b>TOTAL ASSETS</b>	<b>\$7,258,093</b>
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### Liabilities

#### Current Liabilities

Accounts payable	\$5,014
Payroll liabilities	\$56,232

<b>Total Current Liabilities</b>	<b>\$61,245</b>
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#### Non-current Liabilities

MtG City of Bloomington	\$81,377
MainSource mortgage	\$0

<b>Total Non-current Liabilities</b>	<b>\$81,377</b>
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#### Equity

Temporarily restricted	\$815,959
Unrestricted	\$4,874,873
Board designated	\$155,521
Permanently restricted	\$1,000
Retained earnings	\$1,446,160
Net income	(\$178,042)

<b>Total Net Equity</b>	<b>\$7,115,471</b>
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<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$7,258,093</b>
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## 2018 Board Members

Kathleen Sideli-President,  
 Michele Ridge-Vice President,  
 Sally Dunn-Secretary;  
 Judith Maki, Treasurer,  
 Michael DeNunzio,  
 Christopher DeYoung,  
 Cindy Houston,  
 Kelly Kish,  
 Peg Smith,  
 Maxine Watson,  
 Carl Ziegler

## Who We Are

For nearly fifty years, Middle Way House has been providing services to people in crisis. Today, Middle Way House provides empowering services such as emergency shelter; a 24-hour help and crisis line; on-scene advocacy; support services; and transitional and permanent housing solutions to support survivors of domestic violence, sexual assault, and human trafficking. Middle Way House also touches the lives of community members through its education and prevention programs. The agency serves six counties throughout south-central Indiana.

For more information, please visit:  
[www.MiddleWayHouse.org](http://www.MiddleWayHouse.org).

## Contact Us:

PO Box 95  
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 Admin: 812.333.7404  
[www.MiddleWayHouse.org](http://www.MiddleWayHouse.org)

**24/7 Help & Crisis Line:**  
**812.336.0846**

